

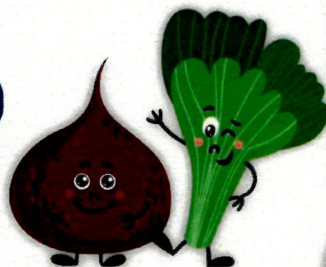
# Your Autumn Menu

## Week One

Sept 2026 - Feb 2027

 - Vegetarian Option

 - Vegan Option



| September |    |    |    |    | October |    |    |    |    | November |    |    |    |    | December |    |    |    |    | January |    |    |    |    | February |    |    |    |    |   |
|-----------|----|----|----|----|---------|----|----|----|----|----------|----|----|----|----|----------|----|----|----|----|---------|----|----|----|----|----------|----|----|----|----|---|
| Mo        | Tu | We | Th | Fr | Mo      | Tu | We | Th | Fr | Mo       | Tu | We | Th | Fr | Mo       | Tu | We | Th | Fr | Mo      | Tu | We | Th | Fr | Mo       | Tu | We | Th | Fr |   |
|           |    | 1  | 2  | 3  | 4       |    |    |    | 1  | 2        | 2  | 3  | 4  | 5  | 6        |    | 1  | 2  | 3  | 4       |    |    |    |    | 1        | 1  | 2  | 3  | 4  | 5 |
| 7         | 8  | 9  | 10 | 11 | 5       | 6  | 7  | 8  | 9  | 9        | 10 | 11 | 12 | 13 | 7        | 8  | 9  | 10 | 11 | 4       | 5  | 6  | 7  | 8  | 8        | 9  | 10 | 11 | 12 |   |
| 14        | 15 | 16 | 17 | 18 | 12      | 13 | 14 | 15 | 16 | 16       | 17 | 18 | 19 | 20 | 14       | 15 | 16 | 17 | 18 | 11      | 12 | 13 | 14 | 15 | 15       | 16 | 17 | 18 | 19 |   |
| 21        | 22 | 23 | 24 | 25 | 19      | 20 | 21 | 22 | 23 | 23       | 24 | 25 | 26 | 27 | 21       | 22 | 23 | 24 | 25 | 18      | 19 | 20 | 21 | 22 | 22       | 23 | 24 | 25 | 26 |   |
| 28        | 29 | 30 | 26 | 27 | 28      | 29 | 30 | 30 | 28 | 29       | 30 | 31 | 25 | 26 | 27       | 28 | 29 |    |    |         |    |    |    |    |          |    |    |    |    |   |

### Good to know...

We're committed to our Farm to Fork ethos, all our meat is Red Tractor certified and we use locally sourced produce where possible.



All of our meals are served with a selection of seasonal vegetables or fresh salad.

Don't forget to check our daily specials for your jacket potato and sandwich of the day!



Additional options may be available at your school. Please speak to your school for further information

**"The salmon strips are so nice! I like that we're not having the same dinners all the time."**

- Pupil

Our meals adhere to the Government's mandatory school food standards, which ensure children get the energy and nutrition they need across the whole school day.

### Week starting:

7 Sept    28 Sept    19 Oct    16 Nov    7 Dec    11 Jan    1 Feb

#### Monday

Meatballs in a Tomato Sauce topped Pasta  
Jacket Potato with Cheese or Beans  
V Cheese Sandwich \*\*\*\*\*  
V Lemon Drizzle Muffin

#### Tuesday

Crispy Salmon Strips  
Baked Diced Potatoes  
Jacket Potato with Cheese or Beans  
Tuna Sandwich \*\*\*\*\*  
V Pancake, Fruit & Ice-cream

#### Wednesday

Toad in the Hole with Mashed Potatoes  
Jacket Potato with Cheese or Beans  
Ham Sandwich \*\*\*\*\*  
V Chocolate Krispie

#### Thursday

Chicken Korma & Rice  
Jacket Potato with Cheese or Beans  
V Cheese Sandwich \*\*\*\*\*  
V Sticky Toffee Pudding & Custard

#### Friday

Battered Fish  
Chips  
Tomato Ketchup  
Jacket Potato with Cheese or Beans  
Ham Sandwich \*\*\*\*\*  
V Fruity Jam Sandwich

Fruit and yoghurt served daily



At least  
**75%**  
of our meals are prepared from scratch

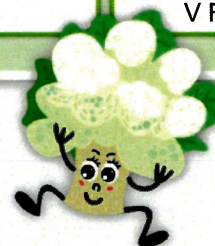
Please be aware that we are unable to guarantee a completely food allergen-free environment, as foods containing allergens are used in the kitchen. For more information and to view our allergen matrix please visit: [northyorks.gov.uk/education-and-learning/school-meals](http://northyorks.gov.uk/education-and-learning/school-meals) or scan the QR code.



**NYES**

Catering

For more information speak to your on-site catering team or email us at [NYESCatering@northyorks.gov.uk](mailto:NYESCatering@northyorks.gov.uk)

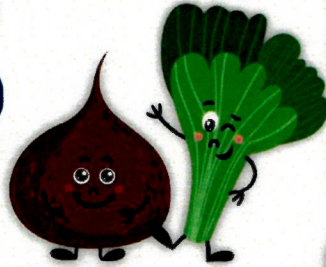


# Your Autumn Menu

## Week Two

Sept 2026 – Feb 2027

-  - Vegetarian Option
-  - Vegan Option



| September      | October        | November       | December       | January        | February       |
|----------------|----------------|----------------|----------------|----------------|----------------|
| Mo Tu We Th Fr | Mo Tu We Th Fr | Mo Tu We Th Fr | Mo Tu We Th Fr | Mo Tu We Th Fr | Mo Tu We Th Fr |
| 1 2 3 4        | 1 2            | 2 3 4 5 6      | 1 2 3 4        | 1              | 1 2 3 4 5      |
| 7 8 9 10 11    | 5 6 7 8 9      | 9 10 11 12 13  | 7 8 9 10 11    | 4 5 6 7 8      | 8 9 10 11 12   |
| 14 15 16 17 18 | 12 13 14 15 16 | 16 17 18 19 20 | 14 15 16 17 18 | 11 12 13 14 15 | 15 16 17 18 19 |
| 21 22 23 24 25 | 19 20 21 22 23 | 23 24 25 26 27 | 21 22 23 24 25 | 18 19 20 21 22 | 22 23 24 25 26 |
| 28 29 30       | 26 27 28 29 30 | 30             | 28 29 30 31    | 25 26 27 28 29 |                |

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All of our meals are served with a selection of seasonal vegetables or fresh salad.

Don't forget to check our daily specials for your jacket potato and sandwich of the day!



Additional options may be available at your school. Please speak to your school for further information

**"The quality of the ingredients used has immediately gained positive feedback from the children and adults... The children feel as though they have an input into their meals again... something that has been missing for a long time."**

- Headteacher

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### Week starting:

14 Sept    5 Oct    2 Nov    23 Nov    14 Dec    18 Jan

#### Monday

Chicken Burger  
Potato Wedges  
Jacket Potato with Cheese or Beans  
V Cheese Sandwich \*\*\*\*\*  
V Toffee Apple Muffin

#### Tuesday

V Pizza with Baked Baby Potatoes  
Jacket Potato with Cheese or Beans  
Tuna Sandwich \*\*\*\*\*  
V Marble Sponge & Chocolate Sauce

#### Wednesday

Roast Chicken & Yorkshire Pudding  
Mashed Potatoes  
Jacket Potato with Cheese or Beans  
Ham Sandwich \*\*\*\*\*  
V Autumn Jelly Mousse Pot

#### Thursday

Chilli Beef Nachos with Rice  
Jacket Potato with Cheese or Beans  
V Cheese Sandwich \*\*\*\*\*  
V Shortcake

#### Friday

Fish Fingers  
Chips  
Tomato Ketchup  
Jacket Potato with Cheese or Beans  
Ham Sandwich \*\*\*\*\*  
V Chocolate Surprise Cake

Fruit and yoghurt served daily



Bread freshly made in your school



**NYES** | Catering

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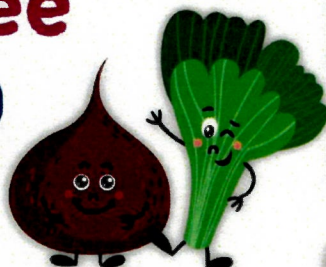


# Your Autumn Menu

## Week Three

Sept 2026 - Feb 2027

-  - Vegetarian Option
-  - Vegan Option



| September |    |    |    |    | October |    |    |    |    | November |    |    |    |    | December |    |    |    |    | January |    |    |    |    | February |    |    |    |    |
|-----------|----|----|----|----|---------|----|----|----|----|----------|----|----|----|----|----------|----|----|----|----|---------|----|----|----|----|----------|----|----|----|----|
| Mo        | Tu | We | Th | Fr | Mo      | Tu | We | Th | Fr | Mo       | Tu | We | Th | Fr | Mo       | Tu | We | Th | Fr | Mo      | Tu | We | Th | Fr | Mo       | Tu | We | Th | Fr |
|           | 1  | 2  | 3  | 4  |         |    | 1  | 2  |    | 2        | 3  | 4  | 5  | 6  |          | 1  | 2  | 3  | 4  |         |    |    |    | 1  | 1        | 2  | 3  | 4  | 5  |
| 7         | 8  | 9  | 10 | 11 | 5       | 6  | 7  | 8  | 9  | 9        | 10 | 11 | 12 | 13 | 7        | 8  | 9  | 10 | 11 | 4       | 5  | 6  | 7  | 8  | 8        | 9  | 10 | 11 | 12 |
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*"Knowing our boys are having a nutritious, hot meal every day and trying different things has been fantastic. We've really enjoyed hearing about their favourite dishes and wouldn't hesitate to recommend school lunches to other parents."*

- Parent

Our meals adhere to the Government's mandatory school food standards, which ensure children get the energy and nutrition they need across the whole school day.

### Week starting:

21 Sept    12 Oct    9 Nov    30 Nov    4 Jan    25 Jan

#### Monday

Chicken Nuggets with Baked Diced Potatoes  
Jacket Potato with Cheese or Beans  
V Cheese Sandwich \*\*\*\*\*  
V Chocolate Orange Mousse Cake

#### Tuesday

V Pizza  
Chips  
Jacket Potato with Cheese or Beans  
Tuna Sandwich \*\*\*\*\*  
V Fruit Jelly & Ice-cream

#### Wednesday

Roast Pork & Yorkshire Pudding  
Mashed Potatoes  
Jacket Potato with Cheese or Beans  
Ham Sandwich \*\*\*\*\*  
V Flapjack Apple Crumble & Custard

#### Thursday

Pasta Bolognese  
Jacket Potato with Cheese or Beans  
V Cheese Sandwich \*\*\*\*\*  
Vg Custard Cookie

#### Friday

Battered Fish with Potato Wedges  
Tomato Ketchup  
Jacket Potato with Cheese or Beans  
Ham Sandwich \*\*\*\*\*  
V Victoria Sponge Muffin

We serve fish from well-managed and sustainable sources, and contains Omega 3



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