



PSHE Long Term Plan

Kapow – Mixed-Age Planning **Cycle A 2023/2024**

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1 and 2	Families and Friendships	Health and Wellbeing	Economic Wellbeing	Citizenship	Safety and Changing Bodies	Transition
Year 3 and 4	Families and Friendships	Health and Wellbeing	Economic Wellbeing	Citizenship	Safety and Changing Bodies	Transition
Year 5 and 6	Families and Friendships	Health and Wellbeing	Economic Wellbeing	Citizenship	Safety and Changing Bodies	Transition

Kapow – Mixed-Age Planning **Cycle B 2024/2025**

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1 and 2	Families and Friendships	Health and Wellbeing	Economic Wellbeing	Citizenship	Safety and Changing Bodies	Transition
Year 3 and 4	Families and Friendships	Health and Wellbeing	Economic Wellbeing	Citizenship	Safety and Changing Bodies	Transition
Year 5 and 6	Families and Friendships	Health and Wellbeing	Economic Wellbeing	Citizenship	Safety and Changing Bodies	Transition