

NYCC Facilities Management- Catering - Autumn Term Menu 2019 – Single Menu

	WEEK 1 served w/c: 2 nd & 23 rd Sept 14 th Oct, 11 th Nov, 2 nd Dec	WEEK 2 served w/c: 9 th & 30 th Sept, 21 st Oct, 18 th Nov, 9 th Dec	WEEK 3 served w/c: 16 th Sept, 7 th Oct, 4 th & 25 th Nov, 16 th Dec
M O N D A Y	Organic Beef Meatballs in Tomato Sauce with Pasta Broccoli & Sweetcorn 50/50 Bread ***** Chocolate Surprise Muffin Fresh Fruit or Organic Yoghurt	Pasta Bolognaise Peas & Sweetcorn Tomato Bread ***** Fresh Fruit Platter or Yoghurt	Tuna & Sweetcorn Slice Diced Potatoes Baked Beans Carrot Sticks Sliced Wholemeal Bread ***** Cheese & Crackers with fruit, Fresh Fruit or Yoghurt
T U E S D A Y	Chicken Korma & Rice Cauliflower & Green Beans Naan Bread **** Sticky Date & Apple Bars with Custard Fresh Fruit or Organic Yoghurt	vi Pizza Italian Pasta Salad Grated Carrot Chipped Potatoes ***** Chocolate Orange Sponge & Chocolate Sauce Fresh Fruit or Organic Yoghurt	Beef Hot Pot Sweet Potato Mash Savoy Cabbage & Carrots Sunflower Seed Bread ***** Rice Pudding with Peaches Fresh Fruit or Yoghurt
W E D N E S D A Y	Sausage, Mash & Onion Gravy Mixed Greens Carrots Sliced Wholemeal Bread ***** Fresh Fruit or Yoghurt	mine Beef & Yorkshire Pudding Carrots & Roast Parsnips Creamed Potatoes Herbie Bread ***** Fresh Fruit or Yoghurt	Chicken & Vegetable Pie Jacket Potato Medley of Vegetables Crusty Bread ***** Apple Berry Fool Fresh Fruit or Yoghurt
T H U R S D A Y	Cottage Pie Broccoli & Peas Crusty Bread ***** Fruity Gingerbread & Custard Fresh Fruit or Organic Yoghurt	Moroccan Chicken with Cous Cous Veg Sticks Apricot Seed Bread *** Raspberry Bun & Cheese Fresh Fruit or Organic Yoghurt	Sausage Pasta Coleslaw Green Salad ***** Pineapple Shortcake & Natural Yoghurt Fresh Fruit or Organic Yoghurt
F R I D A Y	Crispy Battered Fish Baked Beans Chipped Potatoes Sunflower Seed Bread **** Fresh Fruit Salad Fresh Fruit or Yoghurt	Crunchy Salmon Nibbles Tomato Sauce Broccoli & Carrots Potato Wedges Pumpkin Seed Bread ***** Oaty Apple Crumble with Custard Fresh Fruit or Organic Yoghurt	Fish Fingers Peas & Sweetcorn Chipped Potatoes Wholemeal Bread ***** Winter Sponge & Custard Fresh Fruit or Organic Yoghurt